



Secondary Course Health Syllabus

Building: Eastmont Junior High

Course Title: 9th Grade Health

Teacher: Penny Lane

Email: Lanep@eastmont206.org

Phone: (888-1362) or PE (888-1360)

Course Description: This course follows the “Health Promotion Wave” Curriculum provided by the Eastmont School District.

- To present accurate, up-to-date scientific information in an accessible & interesting format.
- To encourage and teach students to take responsibility for their personal health.
- To develop the necessary life skills for making well-informed, positive health-related behaviors.

Textbooks and Instructional Materials:

There are a variety of instructional materials that support learning in this course. The primary textbook is **Health by Pearson**. Technology is integrated into this course through a variety of supplemental digital media resources.

Grading:

Students achieve their grade in a **points-based** grading system. Grades are maintained within the Eastmont School District Student Information System. The secure student information system including the grade book for this course is accessible to students and parents 24/7/365 through the student and parent portal via our website at www.eastmont206.org.

Grades are based on the following percentages and points for GPA calculations:

4.0 = 93-100 A	3.3 = 87-89 B+	2.3 = 77-79 C+	1.3 = 67-69 D+
3.7 = 90-92 A-	3.0 = 83-86 B	2.0 = 73-76 C	1.0 = 60-66 D
	2.7 = 80-82 B-	1.7 = 70-72 C-	0 = 0-59 F

Virtual Attendance, Behavior, and Performance Expectations:

- Be prepared: have your technology charged or plugged in and ready to go.
- Attend each virtual session as scheduled on time each day of the week.
- Find a quiet place away from distractions and other home noises to set up your Chromebook for Google class meet time.
- Start meeting with mic's off, but use the chat because we want to have communication with you at all times. If the teacher calls on you to turn your mic on, then please do so and respectfully answer.
- The chat feature on Google Meet is used only for academic purposes and on topic.
- **Complete the Google check-in form every day - if you do not submit this form you will be marked absent.**

Accommodations and/or modifications:

Appropriate accommodations and/or modifications will be provided for students with documented disabilities. Accommodations and modifications are types of adaptations that are made to the environment, curriculum, instruction, or assessment practices in order for students with disabilities to be successful learners and actively participate with other students in the general education classroom or in school-wide activities. Specific accommodations and modifications are determined by the student's Section 504 team or Individual Education Program team. If a student with a documented disability is eligible to receive accommodations and/or modifications their special education case manager will contact me within the first two weeks of class and provide me with explicit directions and/or resources to implementing the accommodations and/or modifications that are included on the student's Section 504 plan or Individual Education Program. Communication with me is essential to the successful completion of course expectations and the implementation of accommodations and/or modifications.

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Make-up Work:

Eastmont School District Policy and Procedures #3122 for excused absences and make-up work apply to this course. Specifically, "If an absence is excused, the student will be permitted to make up all missed assignments outside of class under reasonable conditions and time limits..." All the activities and learning opportunities for this course are expected to be completed. Absences, whether excused or unexcused, cause gaps in learning.

Retake Policy: Retakes may be taken on most Tests or Quizzes.

If you need to contact a health teacher, email links are below:

John Brossoit - Brossoit@eastmont206.org class phone:

Shannon Bye - Bye@eastmont206.org class phone:

Penny Lane - Lane@eastmont206.org 101 class phone: (888-1362)

OR Girls PE office: (888-1360)